

Club Rules

1. The Sensei or Instructor's command must be observed at all times.
2. There will be no smoking in the dojo or any other unseemly behaviour.
3. Outdoor shoes will not be worn in the dojo.
4. In the interest of safety and hygiene, fingernails and toenails should be kept short and gis should be kept clean and in good order. Long hair should be tied back. Jewellery should not be worn.
5. Students may enter the training hall or mat area only with the coach's permission. No pupil will join or leave the class while the session is in progress without the instructor's permission.
6. Instruction will only take place under the supervision of a registered coach.
7. No member will abuse or misuse their knowledge of ju-jitsu
8. Ju-jitsu methods will not be demonstrated outside the dojo. Locks and holds must be applied carefully, when a lock or hold is on the student should signal to their partner. This can be done with the hand or foot.
9. Strangle and 'sleeper' holds must never be practised except under the direct supervision of an instructor.
10. Members will not participate in ju-jitsu display without the permission of the Association.
11. Grading will be held under the direction of the National Coach and Technical Committee and under the supervision of the style leader or delegate.
12. If a member suffers injury prior to a session this must be reported to the instructor. Injuries received during a session must be reported immediately to the Instructor in charge.
13. Members should always treat each other with respect and must not initiate or condone any form of discrimination (inc age, gender, ability, race, religion, ethnic origin, creed, colour, nationality, social status, sexual orientation).
14. Students cannot train unless they hold a valid BJJ licence. Students are responsible for ensuring they have valid licences
15. Violation of any of these rules renders a member liable for expulsion from the club and the association.
16. The association will terminate the membership of any person they believe is unsuitable for martial arts training.